

SELF-ASSESSMENT SHEET

ショートプログラム記入例
Sample for Short Program

Pre-assessment date (DD/MM/YYYY)	2017.04.19
Post-assessment date (DD/MM/YYYY)	

Course Name	Short Program Completion Plan			Department	Engineering	Academic year	M1
Name	HOKKAIDO Sapporo	Home university	Hokkaido University	Department	Engineering	Academic year	M1
Home supervisor	Hokkaido University		Host institution & supervisor				

Summer Shool > Hokkaido University
Spring School > Thammasat University

Target skills and competencies	Target achievements	Pre-assessment			Post-assessment	
		Satisfaction level 5: Very satisfied 4: Somewhat satisfied 3: Neither satisfied nor dissatisfied 2: Somewhat dissatisfied 1: Very dissatisfied	Reason	Self-set target achievements	level: 5: Very high 4: High 3: Medium 2: Low 1: None	Self-assessment and future challenges • How have you changed as a result of the program? • What are your future challenges?
Field-research skills • Inquiry • Adaptability • Teamwork	Able to • Learn outside of the classroom • Work well as part of a team • Adapt flexibly to new situations in the field	3	Elephant's Egg	Elephant's Egg		
Cross-cultural skills • Broad-minded • Tolerant • Cross-cultural understanding • Flexible • Cooperative	Able to • Work with others from different cultures • Communicate effectively	3	Elephant's Egg	Elephant's Egg		
Frontier spirit • Clear vision for future planning • Able to develop programs and lead • Flexible	Able to use one's knowledge and experience to explore new ideas and fields of research	3	Elephant's Egg	Elephant's Egg		
Problem-solving skills • Creativity • Analytical and critical thinking skills	Able to • Evaluate new information and situations • Consider various ways of approaching and resolving issues • Think critically and logically	3	Elephant's Egg	Elephant's Egg		

プログラム参加後に記入
Fill in after program completed